



New year, **new possibilities**

The refreshed Call to Health well-being program begins Jan. 2, 2026, and offers a more personalized experience that supports wholeness in all four areas: spiritual, health, financial, and vocational.

The Call to Health website and app have changed to serve you better, supporting your unique health journey through the WebMD ONE platform. There, you can participate in activities, create meaningful connections, and access personalized health and wellness content. Features include:

- a personal dashboard and health record
- health goals and trackers
- team challenges
- well-being community forums
- activities that help build healthy habits
- build-your-own quests

When you complete Call to Health by Nov. 6, 2026, you'll qualify for reduced medical deductible(s) for the following year. Learn more about the program at **pensions.org/calltohealth**.

Get started on your wholeness journey

To participate in the 2026 program year and get started on your unique journey to health and wholeness, register at **calltohealth.org** (even if you previously participated in Call to Health).

Once registered, download the Wellness At Your Side app from the Apple or Google app store and enter the program code **boardofpensions**.



If there is any difference between the information presented here and the provisions of the Benefits Plan of the Presbyterian Church (U.S.A.), the plan terms will govern.